

# Watercolour Journaling with Nicole Russell

## Material List

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### 1. **Watercolour Sketchbook**

Any watercolour sketchbook that you can imagine travelling with is generally a good choice. I prefer **A5 landscape format**, but a little watercolour postcard pad might be good as well. Here are two suggestions of books that I have used:

Visual Journal W&N Watercolour 300gsm, offered by Impressions, Richmond, and Pentalic Aqua Journal, which has lovely paper quality and can be purchased online.

### 2. **Watercolour Brush**

A size 6 round watercolour brush is a good compromise for the little paintings you'll be doing. My brush is not expensive since it gets a bit of a beating when I travel with it. Some artists use a brush that also holds a water reservoir called Brush H2O (available at Impressions).

### 3. **Watercolour Pocket Set**

A watercolour pocket set with 12 colours is ideal.

Watercolour pocket sets can be very expensive and which one you buy is probably a financial decision. However, good quality watercolours will make you happy and low quality can be a pain. My preferred brand is Winsor & Newton including their cheaper Cotman Series.

Some watercolour pocket sets come with a brush and a little water container, which can be handy but you might prefer to choose your own brush and water container.

Remember that you can always fill the paints up with paint from tubes once you

have emptied a pan. This way your watercolour pocket set is always ready to go. I have had mine for over twenty years now.

### 4. **Water Container and Water Bottle (a towel is optional)**

The water bottle should hold enough water to fill up a water container several times. I use a Pump bottle and a tiny Tupperware container. The lid on the Tupperware container allows me to store it with the watercolour sketchbook without making anything wet. Some Dollar stores have a water container which folds flat; this is very practical, too. A little towel or sponge can be handy to clean and dry everything before packing up (optional).

### 5. **Pencil 2B**

### 6. **Eraser**

Kneaded erasers are my favourite, since they can be shaped big and small, but any eraser will do.

### 7. **Black Pen (waterproof)**

E.g. Sharpie Ultra Fine Point, Micron 0.5, Rotring Tikky Graphic 0.5, or any other black pen you are comfortable with. Impressions has a good selection

Impressions in Richmond will give you a 10% discount for products bought for my classes.

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