

# Colour Mixing - Theory - Harmony

## Material List

---

### 1. Typical painting supplies for watercolours, oils (odourless only!), or acrylics

### 2. Minimum palette

- Cool yellow, e.g. lemon yellow, or cadmium yellow light, etc.
- Warm yellow, e.g. cadmium yellow, or cadmium yellow deep, etc.
- Warm red, e.g. cadmium red, or cadmium scarlet, etc.
- Cool red, e.g. alizarin crimson, or permanent rose, etc.
- Cool blue, e.g. cobalt blue, or phthalo blue (Winsor blue red shade), etc.
- Warm blue, e.g. ultramarine blue
- Black
- White

Colours that include “hue” in their name are not recommended,  
Artist quality colours are recommended / student grade is ok / “Dollar Store” products are not recommended.

### 3. Still Life

A simple still life arrangement, e.g. fruit, bottle, cup & saucer, so you have a few items to choose from.

### 4. Photo

A photo for your final work if you like to work from a photo or maybe a different still life, whichever is your preference.

### 5. Watercolour Paper or Canvas Sheets

We will do lots of exercises and for those we need several sheets of A4 and A5 watercolour paper (for watercolour artists) or canvas (for oil and acrylic artists). For acrylic and oil painters I recommend getting a canvas pad that allows you to peel canvas sheets off.

In total please bring a minimum of:

- 7 x A4 watercolour paper/canvas

- 4 x A5 watercolour paper/canvas

Bring a couple of extra sheets, just in case.

### 6. Sharpie to write on canvas

If you are working on canvas sheets, please bring a sharpie for your notes on the canvas. Sometimes other pens or pencils don't like to write on canvas.

Watercolour painters can just write on their watercolour paper with pencil or pen.

### 7. Flat Brush (optional)

A flat brush is recommended since it does a great job painting squares. This is only a suggestion and other brushes will do the job, too.

### 8. Pencil, eraser & ruler

Impressions offers a 10% discount if you mention that you are my student.

Looking forward to seeing you in the workshop!

Nicole